



CBH

Spalding University
**CENTER FOR
BEHAVIORAL
HEALTH**

Offering high quality, affordable psychological services in a professional university setting.



The Spalding University Center for Behavioral Health CBH is a service and training facility that operates within the doctoral program of the School of Professional Psychology.

The center offers comprehensive psychological evaluations and interventions delivered with care and compassion to the Louisville community.

We offer a wide range of diagnostic and therapeutic services for the following concerns:

- Depression and mood-related issues
- Obsessive-compulsive disorder
- Social phobia
- Panic disorder
- Excessive worry or general anxiety
- Relationship issues and concerns
- Gender and sexuality questions or concerns
- Family conflict or divorce
- Parenting troubles or concerns
- School difficulties or refusal
- Attention and concentration issues (ADHD)
- Disruptive behaviors in children
- Coping with trauma
- Substance abuse and smoking cessation
- Educational or occupation problems
- Health and weight management
- Coping with chronic conditions or diseases

Psychotherapy is provided for adults, couples, adolescents, children, groups and families in the Center, with both short- and long-term options available. The university setting allows clinicians to offer innovative, evidence-based treatment specific to the needs of the client.

The Clinical Psychology program at Spalding University is accredited by the American Psychological Association.



American Psychological Association
750 First Street, NE
Washington, DC 20002-4242

(T) 202-336-5979 (F) 202-336-5978
www.apa.org/ed/accreditation
Email: apaaccred@apa.org

Directions

The Center is located on Spalding University's campus in the east wing of the Mansion Complex. Follow either Third or Fourth Street to York Street and then head south on to Library Lane.

Parking

A Spalding University parking pass will be emailed or mailed to clients with an appointment confirmation.

Fees

Costs are covered by ACLU-KY. **You MUST tell CBH staff your association w/ACLU-KY when you book your appt for fees to be billed to ACLU-KY.** Neither your name nor your medical information will be shared with ACLU-KY.

**To make an appointment, please call:
The Center for Behavioral Health 851
S. Fourth Street
Louisville, KY 40203
(502) 792-7011
behavioralhealth.spalding.edu**

